<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
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</thead>
<tbody>
<tr>
<td>LANE Swim 6:00-7:30 AM (SHALLOW)</td>
<td>LANE Swim 7:30-8:30 AM (SHALLOW)</td>
<td>LANE Swim 6:00-7:30 AM (SHALLOW + DT)</td>
<td>LANE Swim 7:30-8:30 AM (SHALLOW)</td>
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<td>Pool Closed on Canada Day July 1</td>
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- **LANE Swim**: lane swimming only. Water-running in deep end, dive-tank DT when available or during LC swims. LANE Swims are in 12 pool: shallow, deep, or 3-4 lanes LC.
- **REC Swim**: lane swimming, water-running, leisure-lanes, basketball nets, wading pool, 6 ft. slide, 1m diving board, 5m & 7.5m platforms, swing rope and bubbler. REC Swims are in whole pool (shallow, deep, dive-tank - DT). LC = 50M long-course set-up.

**Public Swim Fees:**
- Children (under 14) - $3.50
- Adults - $5.00 (HST included)
- Families - $15.60 (2 adults / 4 children)

**ALL Public Swims are FREE for registered CU Students, Faculty, Staff and Community Members. Times not scheduled are for CU Programs & Rentals ONLY.**

**CU Aquatics reserves the right to schedule programs such as private/semi-private swim lessons during any Public Swim listed below.**

Click on www.athletics.carleton.ca for pool schedule updates or call the Welcome Centre at 613-520-4480.