

# CARLETON UNIVERSITY SWIMMING POOL

## WINTER 2018 (JANUARY 7 - APRIL 14)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
*LANE Swim 6:00-7:30AM (SHALLOW + DT)	LANE Swim 7:30-8:30AM (3 lanes SHALLOW, 3 lanes DEEP)	LANE Swim 6:00-7:30AM (SHALLOW + DT)	<b>LANE Swim</b> <b>7:30-8:30 AM</b> (3 lanes) 50 M Long-Course	LANE Swim 6:00-7:30AM (SHALLOW ONLY)	<b>Special Event Weekends</b> Jan 19-21, Feb 23-25 April 7-8	
*REC Swim 11:45AM-1:15PM (WHOLE POOL)	REC Swim 11:45AM-1:15PM (WHOLE POOL)	REC Swim 11:45AM-1:00PM (WHOLE POOL)	REC Swim 11:45AM-1:15PM (WHOLE POOL) 50 M Long-Course	*REC Swim 11:45AM-1:15PM (WHOLE POOL)		
Holiday Swim ONLY 1:30-4:30PM (WHOLE POOL) FEB 19 (Family Day) April 2 (Easter Monday)		WOMEN ONLY REC Swim 1:10-1:55PM (WHOLE POOL) Cancelled on Feb 21 & March 14		Holiday Swim ONLY 1:30-4:30PM (WHOLE POOL) March 30 Good Friday		*11:30AM-1:15PM Jan 7, April 1 Feb 25 - Cancelled April 8 - Cancelled
	REC Swim 4:00-5:00PM (WHOLE POOL) 4:30-6:00PM March 13		REC Swim 4:00-5:00PM (WHOLE POOL) 4:30-6:00PM - March 15	*REC Swim 4:30-5:30PM (WHOLE POOL) 4:30-6:00PM - March 16	REC Swim 1:30-4:30PM (WHOLE POOL) April 7 - Cancelled	REC Swim 1:30-4:30PM (WHOLE POOL) April 8 - Cancelled
*REC Swim 4:30-6:00PM (WHOLE POOL)	<b>LANE Swim</b> <b>5:00-6:00PM</b> (DEEP)	REC Swim 4:30-6:00PM (WHOLE POOL)	<b>LANE Swim</b> <b>5:00-6:00PM</b> (DEEP)	* <b>LANE Swim</b> <b>5:30-6:00PM</b> (DEEP)		
				*REC Swim 8:10-9:25PM (WHOLE POOL) NO Swim on Feb 23, March 30		
*REC Swim 9:10-10:25PM (WHOLE POOL)	REC Swim 9:10-10:25PM (WHOLE POOL)	REC Swim 9:10-10:25PM (WHOLE POOL) 50 M Long-Course	REC Swim 9:10-10:25PM (WHOLE POOL)			REC Swim 9:10-10:25PM (WHOLE POOL) NO Swim on Feb 18, April 1

LANE Swims: lane swimming only. Water-running in deep end, when DT is available or during LC swims. LANE Swims are in 1/2 pool: shallow, deep or in 3-lanes shallow & 3-lanes deep or 3-lanes LC.

Recreational Swims (REC): lane swimming, water-running, leisure-lanes, basketball nets, wading pool, 6 ft. slide, 1m diving board, 5m & 7.5m platforms, swing rope and bubbler. REC Swims are in whole pool (shallow, deep, dive-tank - DT). LC=50M long-course set-up.

Public Swim Fees:  
Children (under 14) - \$3.50  
Adults - \$5.00 (HST included)  
Families - \$15.60 (2 adults / 4 children)



ALL Swims are FREE for registered CU Students, Faculty, Staff & Community Members. Non-Public Swim times are for CU Programs & Rentals ONLY.  
\*\* CU Aquatics reserves the right to schedule programs such as private/semi-private swim lessons during any Public Swim listed above.\*\*  
Holiday Swims Only (1:30-4:30PM) on Feb 19, March 30, April 2. SPRING MAINTENANCE SHUTDOWN to begin on Saturday April 14.  
Click on [www.athletics.carleton.ca](http://www.athletics.carleton.ca) for pool schedule updates or call the Welcome Centre at 613-520-4480.