

Carleton University Ice House Protocols

Arrival

- Participants cannot congregate in lobby, parking areas, or common areas before or after their rental.
- All participants entering the facility are required to wear a face covering and only remove it when participating in their activity.
- Any person who enters or uses the facility must maintain a physical distance of at least two meters from any other person who is using the facility.
- Anyone entering the facility is asked to sanitize their hands each time they enter and exit.

Your Ice Time

- Participants should bring their own labelled water bottle from home, and the sharing of water bottles is not permitted. Players should wash water bottles after each session.
- Towels should only be on the bench for emergency use, and must be used only once before being washed.
- Participants should bring paper towels and tissues to wipe the face or blow the nose on the bench. Garbage cans will be placed close to each bench.
- The use of antibacterial hand sanitizer is recommended before and after play.
- Participants should avoid touching their eyes, nose and mouth.
- Participants must cover their mouth and nose when coughing or sneezing.
- Participants must abstain from spitting.

Departure

- Participants must wash equipment where possible following each session (especially jerseys, pant shells, and socks).



The following rules must be adhered to by all members of each rental group. Failure by Groups to meet these expectations will result in being removed from the Ice and cancellation of your Rental Agreement with no refund.

- A waiver will need to be signed by the Rental Groups main contact in advance of using the Ice that acknowledges the Group's participants as well as the Parents/Guardians will comply with all requirements below.
- The Rental Group's main contact will email Participants the day of each rental and ask them to screen for the symptoms of COVID using Ontario's COVID-19 self-assessment tool (<https://covid-19.ontario.ca/self-assessment/>) at home prior to the arrival at the facility. A log of participants' responses should be kept by each group organizer.
- Participants who display any symptoms of COVID will remain at home.
- Before each Ice session the Group's main contact will sign a log sheet with their own pen at the Welcome Centre indicating that all participants have self-screened and no participants have symptoms.
- Participants will only be permitted into the Facility 15 minutes before their rental or league game, and must vacate the facility 15 minutes after leaving the ice surface.
- All participants entering the facility are required to wear a face covering and only remove it when participating in their activity. Coaches and team staff shall wear face coverings when not on the ice.
- **A maximum of twenty five (25) people will be permitted for each rental group at any given time, including players, coaches, and volunteers.**
- **Volunteers must remain on the bench during the rental.**
- No parents or spectators beyond the group of 25 are permitted to enter the facility.
- Participants who need assistance dressing must be helped by a coach or volunteer who is part of the group of 25. Arriving at the facility already dressed in equipment is highly recommended for participants who need assistance.
- Scrimmages and drills must be modified to comply with Provincial guidelines to eliminate prolonged or deliberate contact.
- Activities that are likely to result in individuals coming within two meters of each other must not be practiced or played within the facility.

Name (Please Print):_____

Signature:_____

Date:_____