Intramural Dodgeball in 10 Simple Rules

- 1. 6 Players on Court to start the game.
- 2. In Coed Dodgeball games cannot start with any less than 2 females per team.
- 3. There are six balls in each game on the centre line to start the game.
- 4. The court extends from the OUTSIDE of the thick black box (basketball markings) on 3 sides and the yellow line on the side nearest to the divider. If players are still in they must stay on the court at all times (other than to retrieve balls from over the end line).
- 5. Players can cross the attack line to retrieve a ball, but may not throw from inside the attack line.
- 6. A player is out if they are hit with a ball in any part of their body BELOW the neck. If the referee decides a player has deliberately thrown at someone's head, the thrower is out.
- 7. If a player catches a throw, the person throwing the ball is out and the catcher's team has one player return to the court (up to a maximum of 6 players)
- 8. A player may deflect a ball with the ball they are holding.
- 9. A team wins when they reduce the other team to 0 players on the court.
- 10. Each game is best out of five OR the score at the end of the game time, whichever comes first.