

# Carleton University – Department of Recreation & Athletics

## March Break Camp Counselor

For over 40 years, Carleton University has been offering Ottawa's finest camp experiences for children & youth aged 4 to 17.

The goal of our camps is to create an environment for children & youth to develop a passion for sport & being active through exciting challenges and positive role models while building new friendships and of course, having fun!

**The 2025 March Break Camp runs from March 10<sup>th</sup> – 14<sup>th</sup>.**

### About our Camps:

- › March Break Camp takes place from Monday – Friday between 8:30 – 4:30 PM
- › March Break Camp takes place indoors in the Carleton's Athletics facilities
- › Campers will participate in fun camp games & different sports such as soccer, ultimate frisbee, basketball, tchoukball, rugby and many more!
- › Our camp schedule includes a daily swim for campers

### You Will:

- › Establish positive relationships with your campers (ages 4 – 12) that reflect respect, trust and empathy
- › Use respectful, inclusive tone/language & positive behaviour management techniques as needed
- › Facilitate daily sport & camp activities for your sports camp group in conjunction with your co-counselor(s)
- › Actively participate in activities while ensuring that the environment remains safe & inclusive for all participants
- › Give guidance & direction to volunteers
- › Display professionalism with parents & colleagues (ex. punctuality, appropriately dressed, no cell phones, etc.)
- › Attend the mandatory Staff Training prior to the start of camp

### You Have:

- › Volunteer and/or work experience with children/youth aged 4 – 12 and/or experience in leadership & sports.
  - *A background/experience working/volunteering in Camps is a plus.*
- › Experience in leading, facilitating, coaching or teaching activities, sports etc.
- › Strong communication & leadership skills and the ability to be self-aware.
- › The willingness to learn & grow in your role along with the ability to ask for help when needed
- › **Current Standard First Aid with CPR C certification** (or willing to obtain before the Camp)
  - *First Aid training may be offered at Carleton in advance of the camp*

