

# **Carleton University – Department of Recreation & Athletics**

## **March Break Camp - Volunteer**

For over 40 years, Carleton University has been offering Ottawa's finest camp experiences for children & youth aged 4 to 17.

The goal of our camps is to create an environment for children & youth to develop a passion for sport & being active through exciting challenges and positive role models while building new friendships and of course, having fun!

**The 2023 March Break Camp runs from March 13<sup>th</sup> – 17<sup>th</sup>**

### **About our Camps:**

- > Sports Camp takes place from Monday – Friday between 8:30 – 4:30 PM
- > Sports Camp takes place indoors in the Carleton's Athletics facilities
- > Campers will participate in daily camp games & many different sports like soccer, ultimate frisbee, basketball, tchoukball, rugby and many more!
- > Our camp schedule includes a daily swim for campers

### **You Will:**

- > Create positive relationships & have FUN with campers in your group (ages 5 – 12)
- > Participate in different sports & camp activities with your group
- > Encourage campers of all skill levels & abilities to participate and have fun
- > Be open to receiving feedback from camp staff during your time at camp

### **You Have:**

- > The availability to volunteer for a minimum of two days (maximum five days) during the week.
- > The willingness to learn and the ability to ask for help when needed

