

# CARLETON UNIVERSITY POOL

## PUBLIC SWIM Schedule: SUMMER 2019 (July 1-Sept 2)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>*LANE Swim</b> <b>6:00-7:30AM</b> (SHALLOW + DT)		<b>*LANE Swim</b> <b>6:00-7:30AM</b> (SHALLOW + DT)		<b>*LANE Swim</b> <b>6:00-7:30AM</b> (SHALLOW + DT)		
	<b>LANE Swim</b> <b>7:30-8:30AM</b> (3 lanes SHALLOW, 3 lanes DEEP)		<b>LANE Swim</b> <b>7:30-8:30AM</b> (3 lanes SHALLOW, 3 lanes DEEP)			
<b>*POOL CLOSED</b> Canada Day - July 1						<b>WOMEN ONLY</b> <b>REC Swim</b> <b>11:30AM-1:15PM</b> (WHOLE POOL)
<b>* REC Swim</b> <b>11:45AM-1:15PM</b> (WHOLE POOL) Community Groups 12:15PM-1:30PM	<b>* REC Swim</b> <b>11:45AM-1:15PM</b> (WHOLE POOL) Community Groups 12:15PM-1:30PM	<b>* REC Swim</b> <b>11:45AM-1:15PM</b> (WHOLE POOL) Community Groups 12:15PM-1:30PM	<b>* REC Swim</b> <b>11:45AM-1:15PM</b> (WHOLE POOL) Community Groups 12:15PM-1:30PM	<b>* REC Swim</b> <b>11:45AM-1:15PM</b> (WHOLE POOL) Community Groups 12:15PM-1:30PM		
<b>*Holiday Swim ONLY</b> on Aug 5 & Sept 2 <b>1:30-4:30PM</b> (WHOLE POOL)					<b>REC Swim</b> <b>1:30-4:30PM</b> (WHOLE POOL)	<b>REC Swim</b> <b>1:30-4:30PM</b> (WHOLE POOL)
<b>*REC Swim</b> <b>4:30-6:00PM</b> (WHOLE POOL)	<b>*REC Swim</b> <b>4:30-6:00PM</b> (WHOLE POOL)	<b>*REC Swim</b> <b>4:30-6:00PM</b> (WHOLE POOL)	<b>*REC Swim</b> <b>4:30-6:00PM</b> (WHOLE POOL)	<b>*REC Swim</b> <b>4:30-6:00PM</b> (WHOLE POOL)		
<b>LANE Swim</b> <b>8:40-9:10PM</b> (Shallow) until Aug 19	<b>LANE Swim</b> <b>8:40-9:10PM</b> (Shallow) until Aug 20	<b>LANE Swim</b> <b>8:40-9:10PM</b> (Shallow) until Aug 21	<b>LANE Swim</b> <b>8:40-9:10PM</b> (Shallow) until Aug 22			
<b>* REC Swim</b> <b>9:10-10:10PM</b> (WHOLE POOL) August 26 9:10-10:25PM	<b>* REC Swim</b> <b>9:10-10:10PM</b> (WHOLE POOL) August 27 9:10-10:25PM	<b>* REC Swim</b> <b>9:10-10:10PM</b> (WHOLE POOL) August 28 9:10-10:25PM	<b>* REC Swim</b> <b>9:10-10:10PM</b> (WHOLE POOL) August 29 9:10-10:25PM	<b>* REC Swim</b> <b>8:10-9:25PM</b> (WHOLE POOL) Cancelled: July 12 Aug 9 & Aug 30		
LANE Swims: lane swimming only. Water-running available in deep end & when Dive-Tank DT is available. LANE Swims are in ½ pool: shallow, or in 3-lanes shallow & 3-lanes deep.		Recreational Swims (REC): lane swimming, water-running, leisure-lanes, basketball nets, wading pool, 1m diving board, 5m & 7.5m platforms & bubbler. REC Swims are in whole pool (shallow, deep & dive-tank - DT). NO SUMMER LONGCOURSE SWIMS			Public Swim Fees: Children (under 14) - \$3.50 Adults - \$5.00 (HST included) Families - \$15.60 (2 adults / 4 children)	

ALL Swims are FREE for registered CU Students, Faculty, Staff & Community Members. Non-Public Swim times are for CU Programs & Rentals ONLY.

\*\* CU Aquatics reserves the right to schedule programs such as private/semi-private swim lessons during any Public Swim listed above.\*\*

Click on [www.athletics.carleton.ca](http://www.athletics.carleton.ca) for pool schedule updates or call the Welcome Centre at 613-520-4480.

