

POCLSCHEDULE FALL 2015 SEPTEMBER 7 - JANUARY 1, 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 7:30 Lane Swim (shallow)		6:00 - 7:30 Lane Swim (shallow)		6:00 - 7:30 Lane Swim (shallow)		
	7:30 - 8:30 Lane Swim (3 lanes shallow, 3 lanes deep)		7:30 - 8:30 Lane Swim 50m Long-course			
11:45 - 1:15 Rec Swim (whole pool)	11:45 - 1:15 Rec Swim (whole pool)	11:45 - 1:15 Rec Swim (whole pool)	11:45 - 1:15 Rec Swim (whole pool) 50m Long-course	11:45 - 1:15 Rec Swim (whole pool)		11:25 - 12:25 Rec Swim - WOMEN ONLY (whole pool) *11:30 - 1:15 Sept 13, Oct 11, Nov 1, Dec 13, Dec 20, Dec 27
1:30 - 4:30 ONLY Holiday Rec Swim (whole pool) Sept. 7 & Oct 12					1:30 - 4:30 Rec Swim (whole pool)	1:30 - 4:30 Rec Swim (whole pool)
4:30 - 6:00 Rec Swim (whole pool)	4:00 - 5:00 Rec Swim (whole pool) 5:00 - 6:00 Lane Swim (deep)	4:30 - 6:00 Rec Swim (whole pool)	4:00 - 5:00 Rec Swim (whole pool) 5:00 - 6:00 Lane Swim (deep)	4:30 - 5:30 Rec Swim (whole pool) 5:30 - 6:00 Lane Swim (deep)		
	9:10 - 10:25 Lane Swim (shallow only)			8:10 - 9:25 Rec Swim (whole pool)		
9:10 - 10:25 Rec Swim (whole pool)	9:10 - 10:25 Rec Swim (whole pool) *begins Dec 1	9:10 - 10:25 Rec Swim (whole pool)	9:10 - 10:25 Rec Swim (whole pool)			9:10 - 10:25 Rec Swim (whole pool)

Lane Swim

- Lane swimming only.
- Water-running available in deep end.
- Lane swims are in 1/2 pool: shallow, deep or 3-lanes long-course (LC).

Recreational Swims (REC)

• Lane swimming, water-running, leisure-lanes, • REC swims are in whole pool basketball nets, wading pool, 6 ft. slide, 1m (shallow, deep dive-tank). diving board, 5m & 7.5m platforms, swing rope

and bubbler

Holiday Hours

- Reduced schedules Dec 13-20 & Dec 27 TBA
- Holiday swims (12:30-3:30) Dec 21-23, Dec 28-30
- POOL CLOSED: Dec 24-25-26-31 and Jan 1, 2016

Women Only

Public Swim Fees

- Children (under 14) \$3.50
- Adults \$4.85 (HST incl.)

Families - \$15.60 (2 adults / 4 children)

ALL Public Swims are FREE for registered Carleton Students, Faculty, Staff & Community Members.

Non-Public Swim times are for CU Programs & Rentals ONLY.

^{**} CU Aquatics reserves the right to schedule learn to swim (LTS) and other programs & Community Groups during any Public Swim listed below.**